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Dear Parents,

You are cordially invited to attend this year's Inter-House Cross Country Competition which is being held on Friday, 27 September 2019. The course will be run around the School campus and up and over Strawberry Hill, with both the start and finish of each race taking place at the front of the School. All First, Second and Third Form pupils will take part in the Cross Country event unless medically excused. Those not participating are expected to attend and support their House. The Senior Boys' Houses will be represented by two teams of ten runners each (one Fourth and Fifth Form team and one Sixth Form team). The Senior Girls' Houses will be represented by two relay teams of four runners each, and one team of six individual runners.

As well as the Cross Country, the Upper School Girls' and Boys' Houses will compete in a Minor Sports Festival. This will comprise of a number of sporting activities taking place at different venues on the School campus; a list of activities and venues will be available on the morning of the event.

As has become tradition, the last cross country race of the day is for Parents and Staff. If you wish to enter and participate, please email me by Thursday, 26 September 2019 or see me on the day.

Programme of Events

11:00am	All Senior Minor Sports Competitions begin
11:00am	Sixth Form Boys' and Senior Girls' Cross Country
11:05am	Senior Girls' Relay Cross Country
11:10am	First Form Boys' and Girls' Cross Country
11:30am	Second Form Boys' and Girls' Cross Country
11:35am	Third Form Girls' Cross Country
11:40am	Third Form Boys' Cross Country
11:45am	Fourth and Fifth Form Boys' Cross Country
11:50am	Parents and Staff Cross Country

To conclude the morning's events, there will be a BBQ from 12:00pm with school transport leaving at 1:00pm for those students who require it.

We look forward to seeing you on the day and hopefully many of you will take up the challenge and run the course yourselves. Please note that on this day, with so many runners and supporters around the School site, we ask that dogs are not brought to the event.

Regards,

Nick Leach